



Q1: Is secondhand smoke (SHS) really harmful?

**A1: Medical evidence is clear that SHS causes serious diseases and harm to others, including non-smokers.**

Q2: Why should the College become smoke-free?

**A2: The College has legal responsibilities to protect students, staff and visitors from the known hazards of SHS. Ayrshire College recognises its responsibility not to promote or encourage tobacco use.**

Q3: What about the rights of smokers?

**A3: The College recognises the rights of Smokers and will provide assistance to help smokers to stop. As of 17 AUGUST 2015, all campuses become smoke free.**

Q4: What happens if someone smokes in a smoke-free area?

**A4: The person smoking will be reminded that the campus is smoke-free, and asked not to smoke. If the smoker persists, appropriate college student policies will be implemented.**

Under the Environmental Protection Act 1990, section 88, anyone found dropping cigarette ends may be liable for an £80 fine.

Contact Fresh Air-shire on: 0800 783 9132 or, visit weekly smoking cessation clinics on main campuses.

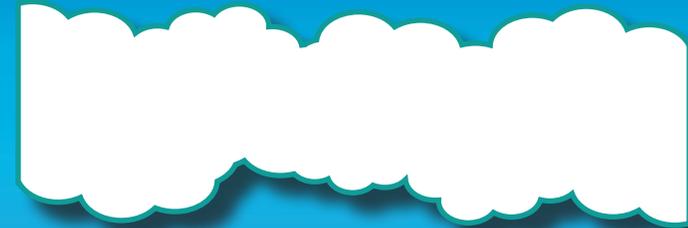
Fresh Air-shire provides a wide range of support systems which include:

- \* Individual support
- \* Group support
- \* Telephone support
- \* Information and advice
- \* Access to treatments including Nicotine Replacement Therapy (NRT) and Varenicline (Champix).

This support is provided by a team of Specialist Smoking Cessation Advisors, Community Pharmacy Advisors and Support Services Officers.

Ayrshire and Arran pharmacists offer a stop smoking service which provides smokers who want assistance to stop smoking, access to free NRT and advice from pharmacy staff.

If you require further details on any aspect regarding Smoke Free Campuses, please do not hesitate to contact the Health, Safety and Wellbeing Team on:  
[hsw@ayrshire.ac.uk](mailto:hsw@ayrshire.ac.uk)



The Ayrshire College Smoke Free Procedure is available from the Health, Safety and Wellbeing Team on:

[hsw@ayrshire.ac.uk](mailto:hsw@ayrshire.ac.uk)

The Smoke Free Procedure also includes the use of E-Cigarettes

Smoking is known to be bad for your health, and Ayrshire College has taken the decision for all campuses to be designated **SMOKE FREE** as from **17 AUGUST 2015**.

The College is committed to providing a safe and healthy working and learning environment for its students and staff. The College also provides support through partnership agencies including NHS Fresh Air-shire. The team will be on campuses on a weekly basis to help anyone who wishes to stop smoking.

In line with World Health Organisation advice, the College Procedure advises:

Smoking is prohibited in all campuses, car parks and college vehicles. Smoking in private vehicles on college campuses is also prohibited.

This procedure also applies to e-cigarettes and vaping.

The Smoke Free Procedure has been informed by an evaluation of the current legislation and best practice, as well as feedback from students and staff.

**NHS Fresh Air-shire**  
**Telephone: 0800 783 9132**

**Weekly smoking cessation clinics are held at all main campuses**

As of **17 AUGUST 2015** all Ayrshire College Campuses become **SMOKE FREE** and each member of staff will have a responsibility to prevent people from smoking on campus. Here are some practical steps you might take when requesting a smoker to stop smoking on campus grounds.

Advise the smoker that they are breaching Ayrshire College's Procedure by smoking on campus grounds (or in a vehicle) which is also prohibited.

If the smoker is a student or member of staff who refuse to stop smoking.

If the smoker is a member of the public who refuse to stop smoking.

Remind the smoker that the College only wants to protect students, staff and others from the harmful effects of second-hand smoke.

Explain to the smoker that they will be asked to leave the campus if they continue to smoke, as the College operates a **SMOKE FREE** Procedure.

If the smoker continues to smoke or challenges the College Procedure, contact a Director or the campus Student Services Team Leader

If the smoker continues to smoke or challenges the College Procedure report this to a College Director

Keep a record of where and when the incident took place and take the name of the smoker involved where possible. Please note the outcome of your discussions and pass this to a Director.

- \* Set a quit date
- \* Ask your family and friends for support
- \* Think positively – You can do this
- \* Get help from Fresh Air-shire
- \* Take one day at a time
- \* Think about the money you will save



The more you  
**TRY**  
The more likely  
you will **succeed**

#### USEFUL WEBSITES

<http://www.nhs.uk/Livewell/smoking/Pages/NHS-stop-smoking-adviser.aspx>

<http://www.canstopsmoking.com/tools>

<http://www.quit.org.uk/lets-quit-2/guides/>