



# **Intervention and Prevention**Workshops and Inputs









# PC Frank Lynch U7

Police Scotland College Liaison Officer

PC Frank Lynch has over 14 years service as a Police officer and has worked in several roles during his time within the Police. Frank commenced his service in North Lanarkshire, before transferring to East Ayrshire over 6 years ago. He has served as an operational response officer on the front line, as well as within community policing roles. He also has worked closely in partnership with East Ayrshire partner agencies, tackling anti-social behaviour in local communities, and most recently has been the Stewarton Academy School campus officer.

Frank started with Ayrshire College as our Campus Liaison Officer in April 2023, and will be involved in various student activities and events in order to engage with students and staff, and to promote partnership working with the police. Frank will be available for students and staff to speak to regarding advice on various police related issues of concern. Frank's role includes working closely with staff and students to intervene early and provide support and guidance, whilst representing Police Scotland in a positive manner.

"I'm looking forward to developing positive relationships with staff and students at all the Ayrshire campuses, whilst providing guidance and support also. You can contact me by email, frank.lynch@ayrshire.ac.uk, and we can arrange an appointment."

The workshops below will be delivered by the Police Scotland (CLO), Frank Lynch:

- Aggression, Conflict and De-escalation
- Alcohol and the Law
- Child Protection (course specific)
- Domestic Abuse
- Hate Crime (mandatory for Level 4 and below classes)
- Social Media and Cyberbullying
- The Role of the Police

If you would like to request one of the listed workshops, please contact PC Frank Lynch via email with your request giving as much notice as possible to frank.lynch@ayrshire.ac.uk

Working days at Ayrshire College are Monday to Friday 9am - 5pm. When requesting a workshop can you ensure you provide:

- Workshop requested
- Preferred date(s) and time(s)
- Curriculum area and level
- Number of students taking part
- Campus and classroom number (SMARTBoard will be needed for all workshops)



### Aggression, Conflict and De-Escalation

**Duration: 1 hour** 

Suitable for: Students/staff

This workshop aims to give participants an increased awareness and understanding of Aggression and Conflict in its varying forms, how to recognise the warning signs and how to deal effectively with potential conflict and apply de-escalating techniques. It includes helpful tips on coping and managing self-anger and frustration and helps to understand the underlying causes as well as simple preventative and de-escalating techniques. The workshop is interactive and requires class movement and participation.

#### **Learning Outcomes:**

- Educate participants on recognising potential signs of conflict/aggression
- Raise participants awareness of their own indicators of aggression and coping strategies
- Educate participants on the use of tactical communication options to help them to prevent conflict before it arises
- Allow participants to practise de-escalation techniques in a controlled conflict scenario

#### **Alcohol And The Law**

**Duration: 1 hour** 

Suitable for: Students/staff

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#### **Child Protection**

Duration: 30 - 45 mins Suitable for: Students

This workshop aims to raise participant's awareness of children that may be at risk and how to recognise the signs of child abuse. Discussion surrounding sex offenders and measures to keep children safe is also included as well as real-life case studies.

#### **Learning Outcomes:**

- Participants will be able to define children at risk and recognise signs of abuse
- Awareness of legislation surrounding child protection (Children Scotland Act 2005)

#### **Domestic Abuse**

**Duration: 1 hour** 

Suitable for: Students

Attending this workshop will give participants a clear definition of domestic abuse and the opportunity to discuss different types of domestic abuse and barriers to why domestic abuse may go unreported. Students will look at case studies of incidents of domestic abuse. We will also provide information on partner agencies working with Police Scotland to tackle domestic abuse.

- Give participants a better understanding of Police Scotland's response to domestic abuse
- By the end of the workshop participants will have relative information on what is domestic abuse and how to report a domestic incident

#### **Hate Crime**

**Duration:** 1 hour

Suitable for: Students

Throughout this workshop, we aim to give participants a clear definition of hate crime and the social groups impacted by looking at case studies of incidents of hate crime. We will discuss "What is fear of crime?" and barriers to why hate crime may go unreported. We will also look at issues surrounding case studies and community impact.

#### **Learning Outcomes:**

- Give participants a clear definition of hate crime and the social groups impacted
- Provide participants with the knowledge that hate crime is wrong, against the law and that everyone has the right to live safely and without fear
- Knowledge on how to report a hate crime

\*This is mandatory for some classes – in this case it will be delivered over an hour-long slot

## Social Media and Cyberbullying

**Duration: 1 hour** 

Suitable for: Students/staff

This workshop will provide an insight into crimes and offences associated with social media and the internet using real-life and local examples. The issue of cyberbullying and its effects will also be covered, along with providing up to date interesting facts and figures through an interactive quiz. Keeping yourself safe online and guidance on how to keep other friends and family members safe online is also included. Class participation will be required.

- Encourage participants to recognise that crime can be committed online through improper use of social media and the internet
- Participants will have a more in depth understanding of cyberbullying and its effects
- Practical guidance will be provided on how best to protect yourself and stay safe online
- How best to avoid some of the more common pitfalls of using social media and the Internet socially

#### The Role of the Police

**Duration: 1 hour** 

Suitable for: Students. Where possible,

students to prepare questions they wish CLO

to answer.

Through informal discussion, we will look at different types of departments within Police Scotland and there will be opportunities for participants to ask questions raised in relation to the role of a Police Officer.

- Raise participants awareness of the different roles and responsibilities of frontline officers
- Educate participants on specialist departments within the police



Given the close working relationship between students and staff, Police Scotland would encourage Ayrshire College Staff to book onto one of the training courses above. To book please contact PC Frank Lynch on frank.lynch@ayrshire.ac.uk or speak to **Student Services.** www.ayrshire.ac.uk Ayrshire College f y o · in blog

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